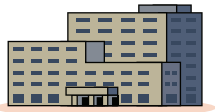# Adapting a Program to Your Needs

Guided by RE-AIM-enriched version of the Stirman adaptation and modification model, we developed a multilevel and multi-method approach to systematically document adaptations.
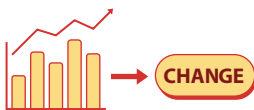
Key Questions

A designated program staff fills out the database by asking the following questions:

- What is modified?
- For whom are modifications made?

- Are modifications needed to program format, setting, personnel, or population?
- What is the nature of the content modification?
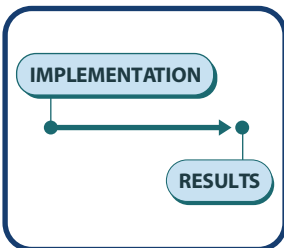- When during the project was the adaptation made?

- How or on what basis was this change made?

- What was the purpose of the adaptation?

- By whom are modifications made?

- What are short-term results of the adaptation?

Interviews

- We conduct semi-structured interviews at the early stage and end of implementation with stakeholders representing various roles and levels.